Motivation
Basic Structure
Animals?

Noodles
Now More Than Ever

Christopher K Chen <@secretasianman>

The University of British Columbia at V6L

UBC UDLS – 24 April 2018
Table of Contents

1. Motivation
2. Cereals
3. Animals?
Motivation
Basic Structure
Animals?

Christopher K Chen <@secretasianman>
Noodles
Motivation
Basic Structure
Animals?

Christopher K Chen <@secretasianman>  Noodles
Background

I have nearly 4 decades of noodle-eating experience
I started making noodles in 2009

- Egg Pasta
- Buckwheat
- Alkaline Noodles

Fantastic stress relief
Benefits

The joy of experimentation

- Deterministic
- Immediate results
- Delicious ∨ cheap
Nomenclature

What is a noodle anyway?
At the minimum

How do you get started?

- Flour
- Water
- Salt
- Rolling pin
- Knife
- Patience
Tools

Helpful tools

- Scale
- Stand mixer
- Rolling machine
- Drying rack
Drying Rack?

Why a drying rack?
Dietary Concerns

What about gluten intolerance?
Wheat Noodles

What’s in wheat (and rye) flour?
- Gliadin
- Glutenin
- Starch

Considering
- Water
- Time
- Salt
- pH

Die extrusion, cutting, ductile methods
Rice Noodles

Rice, potato, and tapioca noodles

- Amylose (straight)
- Amylopectin (branching)

Die extrusion, hammer methods
Extrusion

© RunAwayRice

Christopher K Chen <@secretasianman> Noodles
Buckwheat Flour

Complexity class: HARD
Die extrusion, cutting methods
Jellyfish?

Jellyfish?