

# CPSC 540: Machine Learning

## Convergence of Gradient Descent

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# Admin

- **Auditting/registration forms:**
  - Submit them at end of class, pick them up end of next class.
  - I need your prereq form before I'll sign registration forms.
  - I wrote comments on the back of some forms.
  
- **Office hours:** start today after class.
  
- **Assignment 1** due Friday.
  - 1 late day to hand in Monday, 2 late days for Wednesday.
  - Instructions to hand in assignment on Piazza.
  - If you don't have a CS account, sign up ASAP:  
<https://www.cs.ubc.ca/getacct>

## Last Time: Convex Optimization

- We discussed **convex optimization** problems.
  - Off-the-shelf solvers are available for solving medium-sized convex problems.
- We discussed ways to show functions are convex:
  - Show that  $f$  is **below chord** for any convex combination of points.
  - $f$  is constructed from **operations that preserve convexity**.
    - Non-negative scaling, sum, max, composition with affine map.
  - Show that  $\nabla^2 f(w)$  is **positive semi-definite** for all  $w$ ,

$$\nabla^2 f(w) \succeq 0 \text{ (zero matrix)}$$

- Formally, the notation  $A \succeq B$  means that for any vector  $v$  we have

$$v^T A v \geq v^T B v,$$

and this is called a “generalized inequality”.

- It defines an “ordering” among some matrices, but not all matrices can be compared.

## Strict Convexity and Positive-Definite Matrices

- We say that a  $C^2$  function is **strictly convex** iff for all  $w$  we have

$$\nabla^2 f(w) \succ 0,$$

meaning that the Hessian is **positive definite** everywhere.

- Equivalent definitions of a positive definite matrix  $A$ :
  - 1 The eigenvalues of  $A$  are all positive.
  - 2  $v^\top A v > 0$  for all  $v \neq 0$ .
- Why do we care about strict convexity?
  - Positive-definite matrices are invertible, so  $[\nabla^2 f(w)]^{-1}$  exists.
  - There can be **at most one global optimum** (so it's unique, if one exists).

## Strict Convexity and L2-Regularized Least Squares

- In L2-regularized least squares, the Hessian matrix is

$$\nabla^2 f(w) = (X^\top X + \lambda I).$$

- This matrix is positive-definite,

$$v^\top (X^\top X + \lambda I)v = \underbrace{\|Xv\|^2}_{\geq 0} + \underbrace{\lambda\|v\|^2}_{> 0} > 0,$$

which follows from properties of norms:

- Both terms are non-negative because they're norms.
  - Second term  $\|v\|$  is positive because  $v \neq 0$  and  $\lambda > 0$ .
- This implies that:
    - The matrix  $(X^\top X + \lambda I)$  is invertible.
    - The **solution is unique**.

## Cost of L2-Regularized Least Squares

- Two strategies from 340 for L2-regularized least squares:

- 1 Closed-form solution,

$$w = (X^T X + \lambda I)^{-1} (X^T y),$$

which costs  $O(nd^2 + d^3)$ .

- This is fine for  $d = 5000$ , but may be **too slow for  $d = 1,000,000$** .

- 2 Run  $t$  iterations of **gradient descent**,

$$w^{k+1} = w^k - \alpha_k \underbrace{(X^T (Xw^k - y) + \lambda w^k)}_{\nabla f(w^k)},$$

which costs  $O(ndt)$ .

- I'm using  $t$  as **total number of iterations**, and  $k$  as **iteration number**.

- **Gradient descent is faster if  $t$  is not too big:**
  - If we only do  $t < \max\{d, d^2/n\}$  iterations.

## Cost of Logistic Regression

- Gradient descent can also be applied to other models like **logistic regression**,

$$f(w) = \sum_{i=1}^n \log(1 + \exp(-y^i w^T x^i)),$$

which we **can't formulate as a linear system or linear program**.

- Setting  $\nabla f(w) = 0$  gives a system of transcendental equations.
- But this objective function is **convex and differentiable**.
  - So gradient descent converges to a global optimum.
- Alternately, another common approach is **Newton's method**.
  - Requires computing Hessian  $\nabla^2 f(w^k)$ , and known as "IRLS" in statistics.

## Digression: Logistic Regression Gradient and Hessian

- With some tedious manipulations, **gradient for logistic regression** is

$$\nabla f(w) = X^T r.$$

where vector  $r$  has  $r_i = -y^i h(-y^i w^T x^i)$  and  $h$  is the **sigmoid function**.

- We know the gradient has this form from the **multivariate chain rule**.
  - Functions for the form  **$f(Xw)$  always have  $\nabla f(w) = X^T r$**  (see bonus slide).
- With some more tedious manipulations we get

$$\nabla^2 f(w) = X^T D X.$$

where  $D$  is a diagonal matrix with  $d_{ii} = h(y_i w^T x^i) h(-y_i w^T x^i)$ .

- The  **$f(Xw)$  structure leads to a  $X^T D X$  Hessian** structure.
- For other problems  $D$  may not be diagonal.



## Cost of Logistic Regression

- Gradient descent costs  $O(nd)$  per iteration to compute  $Xw^k$  and  $X^T r^k$ .
- Newton costs  $O(nd^2 + d^3)$  per iteration to compute and invert  $\nabla^2 f(w^k)$ .
- Newton typically requires **substantially fewer iterations**.
- But for **datasets with very large  $d$** , gradient descent might be faster.
  - If  $t < \max\{d, d^2/n\}$  then we should use the “slow” algorithm with fast iterations.
- So, **how many iterations  $t$  of gradient descent do we need?**

# Outline

- 1 Gradient Descent Progress Bound
- 2 Gradient Descent Convergence Rate

## Gradient Descent for Finding a Local Minimum

- A typical **gradient descent** algorithm:

- Start with some **initial guess**,  $w^0$ .
- Generate new guess  $w^1$  by **moving in the negative gradient direction**:

$$w^1 = w^0 - \alpha_0 \nabla f(w^0),$$

where  $\alpha_0$  is the **step size**.

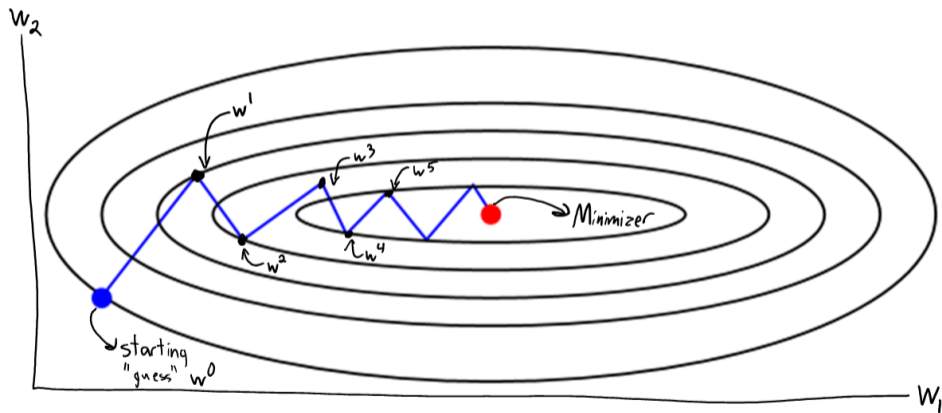
- Repeat to **successively refine the guess**:

$$w^{k+1} = w^k - \alpha_k \nabla f(w^k), \quad \text{for } k = 1, 2, 3, \dots$$

where we might use a different step-size  $\alpha_k$  on each iteration.

- **Stop** if  $\|\nabla f(w^k)\| \leq \epsilon$ .
  - In practice, you also stop if you detect that you aren't making progress.

# Gradient Descent in 2D



## Lipschitz Contuity of the Gradient

- Let's first show a basic property:
  - If the step-size  $\alpha_t$  is small enough, then gradient descent decreases  $f$ .
- We'll analyze gradient descent assuming gradient of  $f$  is Lipschitz continuous.
  - There exists an  $L$  such that for *all*  $w$  and  $v$  we have

$$\|\nabla f(w) - \nabla f(v)\| \leq L\|w - v\|.$$

- “Gradient can't change arbitrarily fast”.
- This is a fairly weak assumption: it's true in almost all ML models.
  - Least squares, logistic regression, neural networks with sigmoid activations, etc.

## Lipschitz Contuity of the Gradient

- For  $C^2$  functions, Lipschitz continuity of the gradient is equivalent to

$$\nabla^2 f(w) \preceq LI,$$

for all  $w$ .

- Equivalently: “singular values of the Hessian are bounded above by  $L$ ”.
  - For least squares, minimum  $L$  is the maximum eigenvalue of  $X^T X$ .
- This means we can bound quadratic forms involving the Hessian using

$$\begin{aligned}d^T \nabla^2 f(u) d &\leq d^T (LI) d \\ &= L d^T d \\ &= L \|d\|^2.\end{aligned}$$

## Descent Lemma

- For a  $C^2$  function, a variation on the **multivariate Taylor expansion** is that

$$f(v) = \underbrace{f(w) + \nabla f(w)^T(v - w)}_{\text{tangent hyper-plane}} + \underbrace{\frac{1}{2}(v - w)^T \nabla^2 f(u)(v - w)}_{\text{quadratic form}},$$

for any  $w$  and  $v$  (with  $u$  being some convex combination of  $w$  and  $v$ ).

- Lipschitz continuity implies the green term is at most  $L\|v - w\|^2$ ,

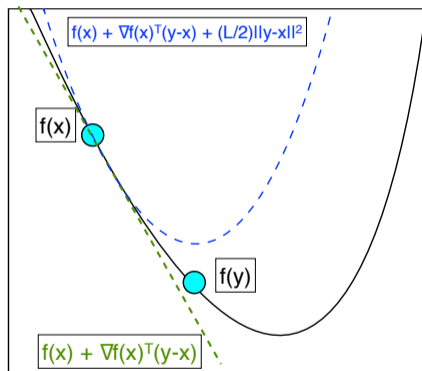
$$f(v) \leq f(w) + \nabla f(w)^T(v - w) + \frac{L}{2}\|v - w\|^2,$$

which is called the **descent lemma**.

- The descent lemma also holds for  $C^1$  functions (bonus slide).

## Descent Lemma

- The descent lemma gives us a **convex quadratic upper bound** on  $f$ :



- This bound is **minimized** by a gradient descent step from  $w$  with  $\alpha_k = 1/L$ .



## Gradient Descent decreases $f$ for $\alpha_k = 1/L$

- So let's consider doing **gradient descent with a step-size of  $\alpha_k = 1/L$** ,

$$w^{k+1} = w^k - \frac{1}{L} \nabla f(w^k).$$

- If we substitute  $w^{k+1}$  and  $w^k$  into the descent lemma we get

$$f(w^{k+1}) \leq f(w^k) + \nabla f(w^k)^T (w^{k+1} - w^k) + \frac{L}{2} \|w^{k+1} - w^k\|^2.$$

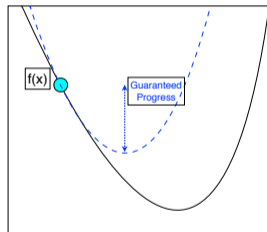
- Now if we use that  $(w^{k+1} - w^k) = -\frac{1}{L} \nabla f(w^k)$  in gradient descent,

$$\begin{aligned} f(w^{k+1}) &\leq f(w^k) - \frac{1}{L} \nabla f(w^k)^T \nabla f(w^k) + \frac{L}{2} \left\| \frac{1}{L} \nabla f(w^k) \right\|^2 \\ &= f(w^k) - \frac{1}{L} \|\nabla f(w^k)\|^2 + \frac{1}{2L} \|\nabla f(w^k)\|^2 \\ &= f(w^k) - \frac{1}{2L} \|\nabla f(w^k)\|^2. \end{aligned}$$

## Implication of Lipschitz Continuity

- We've derived a **bound on guaranteed progress** when using  $\alpha_k = 1/L$ .

$$f(w^{k+1}) \leq f(w^k) - \frac{1}{2L} \|\nabla f(w^k)\|^2.$$



- If gradient is non-zero,  $\alpha_k = 1/L$  is **guaranteed to decrease objective**.
- Amount we decrease grows with the size of the gradient.
- Same argument shows that **any  $\alpha_k < 2/L$  will decrease  $f$** .

## Choosing the Step-Size in Practice

- In practice, you should **never use**  $\alpha_k = 1/L$ .
  - $L$  is usually **expensive** to compute, and this step-size is **really small**.
    - You only need a step-size this small in the worst case.
- One practical option is to **approximate**  $L$ :
  - Start with a small guess for  $\hat{L}$  (like  $\hat{L} = 1$ ).
  - Before you take your step, **check if the progress bound is satisfied**:

$$\underbrace{f(w^k - (1/\hat{L})\nabla f(w^k))}_{\text{potential } w^{k+1}} \leq f(w^k) - \frac{1}{2\hat{L}} \|\nabla f(w^k)\|^2.$$

- Double  $\hat{L}$  if it's not satisfied, and test the inequality again.
- Worst case: eventually have  $L \leq \hat{L} < 2L$  and you decrease  $f$  at every iteration.
- Good case:  $\hat{L} \ll L$  and you are making way more progress than using  $1/L$ .

## Choosing the Step-Size in Practice

- An approach that usually works better is a **backtracking line-search**:
  - Start each iteration with a large step-size  $\alpha$ .
    - So even if we took small steps in the past, be optimistic that we're not in worst case.
  - Decrease  $\alpha$  until if **Armijo condition** is satisfied (this is what *findMin.jl* does),

$$\underbrace{f(w^k - \alpha \nabla f(w^k))}_{\text{potential } w^{k+1}} \leq f(w^k) - \alpha \gamma \|\nabla f(w^k)\|^2 \quad \text{for } \gamma \in (0, 1/2],$$

often we choose  $\gamma$  to be very small like  $\gamma = 10^{-4}$ .

- We would rather take a small decrease instead of trying many  $\alpha$  values.
- Good codes use clever tricks to initialize and decrease the  $\alpha$  values.
  - Usually only try 1 value per iteration.
- Even more fancy line-search: **Wolfe conditions** (makes sure  $\alpha$  is not too small).
  - Good reference on these tricks: Nocedal and Wright's **Numerical Optimization** book.

# Outline

- 1 Gradient Descent Progress Bound
- 2 Gradient Descent Convergence Rate

## Convergence Rate of Gradient Descent

- In 340, we claimed that  $\nabla f(w^k)$  converges to zero as  $k$  goes to  $\infty$ .
  - For convex functions, this means it converges to a global optimum.
  - However, we may not have  $\nabla f(w^k) = 0$  for any finite  $k$ .
- Instead, we're usually happy with  $\|\nabla f(w^k)\| \leq \epsilon$  for some small  $\epsilon$ .
  - Given an  $\epsilon$ , how many iterations does it take for this to happen?
- We'll first answer this question only assuming that
  - 1 Gradient  $\nabla f$  is Lipschitz continuous (as before).
  - 2 Step-size  $\alpha_k = 1/L$  (this is only to make things simpler).
  - 3 Function  $f$  can't go below a certain value  $f^*$  ("bounded below").
- Most ML objectives  $f$  are bounded below (like the squared error being at least 0).
  - We're **not assuming convexity** (argument will work for any smooth problem).

## Convergence Rate of Gradient Descent

- Key ideas:

- ① We start at some  $f(w^0)$ , and at each step we decrease  $f$  by at least  $\frac{1}{2L} \|\nabla f(w^k)\|^2$ .
- ② But we can't decrease  $f(w^k)$  below  $f^*$ .
- ③ So  $\|\nabla f(w^k)\|^2$  must be going to zero "fast enough".

- Let's start with our **guaranteed progress bound**,

$$f(w^k) \leq f(w^{k-1}) - \frac{1}{2L} \|\nabla f(w^{k-1})\|^2.$$

- Since we want to bound  $\|\nabla f(w^k)\|$ , let's rearrange as

$$\|\nabla f(w^{k-1})\|^2 \leq 2L(f(w^{k-1}) - f(w^k)).$$

## Convergence Rate of Gradient Descent

- So for each iteration  $k$ , we have

$$\|\nabla f(w^{k-1})\|^2 \leq 2L[f(w^{k-1}) - f(w^k)].$$

- Let's **sum up the squared norms** of all the gradients up to iteration  $t$ ,

$$\sum_{k=1}^t \|\nabla f(w^{k-1})\|^2 \leq 2L \sum_{k=1}^t [f(w^{k-1}) - f(w^k)].$$

- Now we use two tricks:

- 1 On the left, use that all  $\|\nabla f(w^{k-1})\|$  are **at least as big as their minimum**.
- 2 On the right, use that this is a **telescoping sum**:

$$\begin{aligned} \sum_{k=1}^t [f(w^{k-1}) - f(w^k)] &= f(w^0) - \underbrace{f(w^1) + f(w^1)}_0 - \underbrace{f(w^2) + f(w^2)}_0 - \dots - f(w^t) \\ &= f(w^0) - f(w^t). \end{aligned}$$



## Convergence Rate of Gradient Descent

- With these substitutions we have

$$\sum_{k=1}^t \underbrace{\min_{j \in \{0, \dots, t-1\}} \{ \|\nabla f(w^j)\|^2 \}}_{\text{no dependence on } k} \leq 2L[f(w^0) - f(w^t)].$$

- Now using that  $f(w^t) \geq f^*$  we get

$$t \min_{k \in \{0, 1, \dots, t-1\}} \{ \|\nabla f(w^k)\|^2 \} \leq 2L[f(w^0) - f^*],$$

and finally that

$$\min_{k \in \{0, 1, \dots, t-1\}} \{ \|\nabla f(w^k)\|^2 \} \leq \frac{2L[f(w^0) - f^*]}{t} = O(1/t),$$

so if we run for  $t$  iterations, we'll find least one  $k$  with  $\|\nabla f(w^k)\|^2 = O(1/t)$ .  
the minimum

## Convergence Rate of Gradient Descent

- Our “error on iteration  $t$ ” bound:

$$\min_{k \in \{0, 1, \dots, t-1\}} \left\{ \|\nabla f(w^k)\|^2 \right\} \leq \frac{2L[f(w^0) - f^*]}{t}.$$

- We want to know when the norm is below  $\epsilon$ , which is guaranteed if:

$$\frac{2L[f(w^0) - f^*]}{t} \leq \epsilon.$$

- Solving for  $t$  gives that this is guaranteed for every  $t$  where

$$t \geq \frac{2L[f(w^0) - f^*]}{\epsilon},$$

so gradient descent requires  $t = O(1/\epsilon)$  iterations to achieve  $\|\nabla f(w^k)\|^2 \leq \epsilon$ .

## Summary

- **Gradient descent** can be suitable for solving high-dimensional problems.
- **Guaranteed progress bound** if gradient is Lipschitz, based on norm of gradient.
- **Practical step size strategies** based on the progress bound.
- **Error on iteration  $t$**  of  $O(1/t)$  for functions that are bounded below.
  - Implies that we need  $t = O(1/\epsilon)$  iterations to have  $\|\nabla f(x^k)\| \leq \epsilon$ .
- Next time: didn't I say that regularization makes gradient descent go faster?

## Strictly-Convex Functions

- A function is **strictly-convex** if the convexity definitions hold strictly:

$$f(\theta w + (1 - \theta)v) < \theta f(w) + (1 - \theta)f(v), \quad 0 < \theta < 1 \quad (C^0)$$

$$f(v) > f(w) + \nabla f(w)^\top (v - w) \quad (C^1)$$

$$\nabla^2 f(w) \succ 0 \quad (C^2)$$

- Function is always strictly below any chord, strictly above any tangent, and curved upwards in every direction.
- Strictly-convex function have **at most one global minimum**:
  - $w$  and  $v$  can't both be global minima if  $w \neq v$ :  
it would imply convex combinations  $u$  of  $w$  and  $v$  would have  $f(u)$  below the global minimum.

## Checking Derivative Code

- Gradient descent codes require you to **write objective/gradient code**.
  - This tends to be error-prone, although automatic differentiation codes are helping.
- Make sure to **check your derivative code**:
  - Numerical approximation to partial derivative:

$$\nabla_i f(x) \approx \frac{f(x + \delta e_i) - f(x)}{\delta}$$

- For large-scale problems you can check a random direction  $d$ :

$$\nabla f(x)^T d \approx \frac{f(x + \delta d) - f(x)}{\delta}$$

- If the left side coming from your code is very different from the right side, there is likely a bug.

## Multivariate Chain Rule

- If  $g : \mathbb{R}^d \mapsto \mathbb{R}^n$  and  $f : \mathbb{R}^n \mapsto \mathbb{R}$ , then  $h(x) = f(g(x))$  has gradient

$$\nabla h(x) = \nabla g(x)^T \nabla f(g(x)),$$

where  $\nabla g(x)$  is the Jacobian (since  $g$  is multi-output).

- If  $g$  is an affine map  $x \mapsto Ax + b$  so that  $h(x) = f(Ax + b)$  then we obtain

$$\nabla h(x) = A^T \nabla f(Ax + b).$$

- Further, for the Hessian we have

$$\nabla^2 h(x) = A^T \nabla^2 f(Ax + b) A.$$

## Convexity of Logistic Regression

- Logistic regression Hessian is

$$\nabla^2 f(w) = X^T D X.$$

where  $D$  is a diagonal matrix with  $d_{ii} = h(y_i w^T x^i) h(-y_i w^T x^i)$ .

- Since the sigmoid function is non-negative, we can compute  $D^{\frac{1}{2}}$ , and

$$v^T X^T D X v = v^T X^T D^{\frac{1}{2}} D^{\frac{1}{2}} X v = (D^{\frac{1}{2}} X v)^T (D^{\frac{1}{2}} X v) = \|X D^{\frac{1}{2}} v\|^2 \geq 0,$$

so  $X^T D X$  is positive semidefinite and logistic regression is convex.

- It becomes strictly convex if you add L2-regularization, making solution unique.

## Lipschitz Continuity of Logistic Regression Gradient

- Logistic regression Hessian is

$$\begin{aligned}\nabla^2 f(w) &= \sum_{i=1}^n \underbrace{h(y_i w^T x^i) h(-y_i w^T x^i)}_{d_{ii}} x^i (x^i)^T \\ &\preceq 0.25 \sum_{i=1}^n x^i (x^i)^T \\ &= 0.25 X^T X.\end{aligned}$$

- In the second line we use that  $h(\alpha) \in (0, 1)$  and  $h(-\alpha) = 1 - \alpha$ .
  - This means that  $d_{ii} \leq 0.25$ .
- So for logistic regression, we can take  $L = \frac{1}{4} \max\{\text{eig}(X^T X)\}$ .



## Why the gradient descent iteration?

- For a  $C^2$  function, a variation on the multivariate Taylor expansion is that

$$f(v) = f(w) + \nabla f(w)^T (v - w) + \frac{1}{2}(v - w)^T \nabla^2 f(u)(v - w),$$

for any  $w$  and  $v$  (with  $u$  being some convex combination of  $w$  and  $v$ ).

- If  $w$  and  $v$  are very close to each other, then we have

$$f(v) = f(w) + \nabla f(w)^T (v - w) + O(\|v - w\|^2),$$

and the last term becomes negligible.

- Ignoring the last term, for a fixed  $\|v - w\|$  I can minimize  $f(v)$  by choosing  $(v - w) \propto -\nabla f(w)$ .
  - So if we're moving a small amount the optimal choice is gradient descent.

## Descent Lemma for $C^1$ Functions

- Let  $\nabla f$  be  $L$ -Lipschitz continuous, and define  $g(\alpha) = f(x + \alpha z)$  for a scalar  $\alpha$ .

$$f(y) = f(x) + \int_0^1 \nabla f(x + \alpha(y - x))^T (y - x) d\alpha \quad (\text{fund. thm. calc.})$$

$$(\pm \text{ const.}) = f(x) + \nabla f(x)^T (y - x) + \int_0^1 (\nabla f(x + \alpha(y - x)) - \nabla f(x))^T (y - x) d\alpha$$

$$(\text{CS ineq.}) \leq f(x) + \nabla f(x)^T (y - x) + \int_0^1 \|\nabla f(x + \alpha(y - x)) - \nabla f(x)\| \|y - x\| d\alpha$$

$$(\text{Lipschitz}) \leq f(x) + \nabla f(x)^T (y - x) + \int_0^1 L \|x + \alpha(y - x) - x\| \|y - x\| d\alpha$$

$$(\text{homog.}) = f(x) + \nabla f(x)^T (y - x) + \int_0^1 L\alpha \|y - x\|^2 d\alpha$$

$$\left(\int_0^1 \alpha = \frac{1}{2}\right) = f(x) + \nabla f(x)^T (y - x) + \frac{L}{2} \|y - x\|^2.$$

## Equivalent Conditions to Lipschitz Continuity of Gradient

- We said that Lipschitz continuity of the gradient

$$\|\nabla f(w) - \nabla f(v)\| \leq L\|w - v\|,$$

is equivalent for  $C^2$  functions to having

$$\nabla^2 f(w) \preceq LI.$$

- There are a lot of other equivalent definitions, see here:
  - <http://xingyuzhou.org/blog/notes/Lipschitz-gradient>.