Go’ in Sailing
by Doug Bateman

Go’ in Sailing

- Preparation
- Departing
- Cruising
- Anchoring
- Returning
- Racing
- Quiz
- Practice

What to Wear

- Swimsuit
- Sunglasses
- T-Shirt & Shorts
What to Wear

- Swimsuit
- Sunglasses
- T-Shirt & Shorts
- Warm Change of Clothes

What to Wear

- Swimsuit
- Sunglasses
- T-Shirt & Shorts
- Warm Change of Clothes
- Non-Marking Shoes

Go’ in Sailing

- Preparation
  - What to Wear
  - What to Bring

What to Bring

- Towel
- Sunblock
- Food
  - Cheese
  - Sandwiches
  - Steaks
- Music

What to Bring

- Drink
  - Coffee
  - Perrier
  - Beer and Wine
- Corkscrew and Bottlecap Opener
- Lots and Lots of Water
Go’ in Sailing

- Preparation
  - What to Wear
  - What to Bring
  - Talk’n Like a Sailor

Talk like a Sailor

- Connect the boom to the Gooseneck...
- The what?!
- The Gooseneck!... Right next to the Cunningham!

Parts of the Boat

- Port
- Stern
- Bow
- Starboard

Parts of the Boat

- There are no “Ropes” on a Boat
- Halyard – Raises the Sail
- Sheet – Pulls in the Sail or lets it out
- Usage: “Main Sheet”, “Jib Sheet”, etc.
The Galley

The Head

Other “Sailor Speak”? 

Go’in Sailing

- Preparation
- Departing
  - Boarding

Boarding

Boarding
Go’in Sailing

- Preparation
- Departing
  - Boarding
  - Stowing Gear

Stowing Gear

Stowing Gear

Stowing Gear

Go’in Sailing

- Preparation
- Departing
  - Boarding
  - Stowing Gear
  - Safety Check
Go‘in Sailing

- Preparation
- Departing
  - Boarding
  - Stowing Gear
  - Safety Gear
  - Personal Floatation Devices (PFDs)

Type III PFD – Limited Buoyancy

Type II PFD – Near Shore

Type I PFD – Deep Sea

Type IV PFD - Throwable
Type V PFD – Special Use

Go’in Sailing
- Preparation
- Departing
  - Boarding
  - Stowing Gear
  - Safety Gear
  - Personal Floatation Devices
  - Casting Off

Casting Off

Hoisting Sales
Hoisting Sails

- Motor directly into the Wind
- Raise the main
- Start sailing
- Raise or Unfurl the Jib

Go’in Sailing

- Preparation
- Departing
- Cruising

Cruising

Go’in Sailing

- Preparation
- Departing
- Cruising
  - Crew

http://skipjack.anu.au.com
Crew
- Steering
- Mailsail Trim
- Jib Trim
- Navigator
- Skipper

Using the Wench

Go’in Sailing
- Preparation
- Departing
- Cruising
  - Crew
  - Sailing to a Point

Sailing to a Point

Points of Sail
**Points of Sale**

When properly set the sails will lay parallel to each other.

**Telltales**

Green Forward, Turn Right
Red Forward, Turn Left

**Can’t Go Upwind**

**Go’in Sailing**

- Preparation
- Departing
- Cruising
  - Crew
  - Sailing to a Point
  - Turning

**Tacking**

**Jibing**

- Read your torques and trim
- Mark your new tack, line weight, and trim
- Throw line to the leeward bow
- “Jibing”
- “Tack” to cover sheet

Go’In Sailing

- Preparation
- Departing
- Cruising
  - Crew
  - Sailing to a Point
  - Turning
  - Man over Board Drill

Go’In Sailing

- Preparation
- Departing
- Cruising
  - Crew
  - Sailing to a Point
  - Turning
  - Man over Board Drill
  - Rules for Right of Way

Port Tack Yields to Starboard

A sailboat on a port tack shall keep clear of a sailboat on a starboard tack.
Windward Yields to Leeward

When both boats are on the same tack, the boat that is to windward shall keep clear of the boat to leeward.

Motor Yields to Sail

Everyone Avoids a Ship

When Motoring

Go’in Sailing

- Preparation
- Departing
- Cruising
- Anchoring

Anchoring
Anchoring
- Swimming
- Drinking
- Watch the Sunset
- Steaks on the Propane Grill
- Lots of Fun!

Go’in Sailing
- Preparation
- Departing
- Cruising
- Anchoring
- Returning

Go’in Sailing
- Preparation
- Departing
- Cruising
- Anchoring
- Returning
- Navigation

Navigation Aides

Red-Right-Return

Go’in Sailing
- Preparation
- Departing
- Cruising
- Anchoring
- Returning
- Navigation
- Night Lighting
On the Return Trip

- Drop the Sails
- Pack Up
- Cleanup Inside the Boat
- Be Ready Before You Reach Dock

Docking

Approaching a Pier With the Wind Forward
- Approach the dock at 2.5 to 4.5 degree angle
- Slow to minimum controllable speed
Spinnakers

Hiking Out

Overtaking

America’s Cup

When both boats are on the same tack, the boat clear astern shall keep clear of the boat it is overtaking. It cannot run into the back of the boat it is overtaking. But unlike the rules of the road, once the boat astern overlaps the overtaken boat, the rule switches off and the windward-leeward rule takes on where the windward boat shall keep clear.

Dennis Conner

Go’in Sailing

- Preparation
- Departing
- Cruising
- Anchoring
- Returning
- Racing
- Quiz
Quiz Question 1
The left side of the boat is called?

a) Starboard.
b) Port.
c) The bow.
d) The Stern

Quiz Question 2
The line which pulls in / trims the sails is called a:

a) Sheet.
b) Jib.
c) Halyard.
d) Mainsail Rope.
e) Bed.

Quiz Question 3
A boat is on a starboard tack when:

a) The sail is on the right side of the boat.
b) The wind is blowing from the right side of the boat.

Quiz Question 4
The left side of the boat is called?

a) Starboard.
b) Port.
c) The bow.
d) The Stern

Quiz Question 5
When returning to harbor, the red marks are on the right hand side:

a) True.
b) False.

Quiz Question 6
Which statement is TRUE regarding the rules of the road? (Select Best Answer)

a) A sailboat on a starboard tack gives way to a sailboat on a port tack.
b) If on the same tack, the downwind boat gives way to the upwind boat.
c) A sailboat on a port tack gives way to a sailboat on a starboard tack.
d) If on the same tack, the upwind (windward) boat gives way to the downwind boat.
e) The first and second answers are correct.
f) The third and fourth answers are correct.
Quiz Question 7

When running the line around the wench, you should turn the line:

a) 3 times clockwise
b) 3 times counter-clockwise

Go’In Sailing

- Preparation
- Departing
- Cruising
- Anchoring
- Returning
- Racing
- Quiz
- Practice

Practice

- UBC Sailing Club
- CS Grad Sailing Trip
  - Estimated Date: 15 days from now
- Practice Drinking
  - Koerner’s Pub Tonight at 6:30p